

Mind vs. Heart

In the battleground of thought they fight.
The mind and the heart cannot decide.
Who will win the prize?
If both, in harmony and dissonance at the same time.

The mind, a fortress of wisdom.
Commanding the troops with control and reason.
The heart, a wild spirit that longs to break free,
wishing for that “I know, I agree.”

M - “Oh, come on, think logically!”

H - “You don’t know how I feel!”

M - “Stop acting dramatically!”

H - “Please, stop it, dear.”

The mind and the heart keep shouting.
Who will take the win in this fight?
Will they combine or collide?
Well, oh...I think, wait, no, I feel...I...

About the Poet:

Jaslene Colón was born on January 29, 2008. She is an intelligent high school sophomore at A. F.S. in Añasco, Puerto Rico. She has a love for photography, cinematography, and music. With the leadership and determination she possesses, Jaslene hopes to grow professionally and dedicate herself to one of these passions. What inspired her to write “Mind vs. Heart” was to capture the daily battle that most people experience between listening and doing what their hearts and minds say. She desires that when her audience reads it, they can make a connection. A fun fact about Jaslene is that every so often she repeats a new word or phrase. At this moment she is stuck with the word “azúcar”. Even though the word means “sugar” in Spanish, it has many connotations.