

EMOTIONS I CAN'T SHOW

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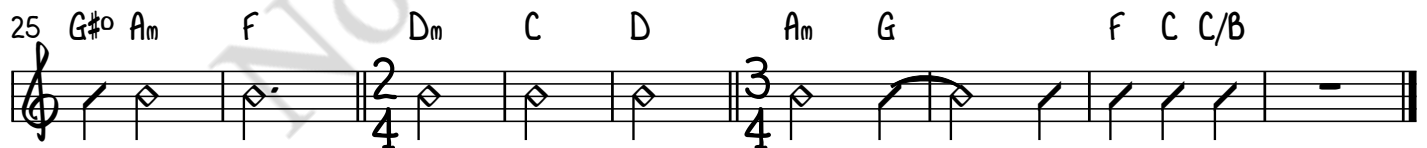
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MY FAMILY TAUGHT ME AT TIMES TO TRY AND OPEN UP AND EXPRESS MY FEELINGS.
I FELT LIKE MY EMOTIONS WEREN'T AS DEEP WHEN I WAS YOUNGER SO ANYTHING THAT
I WAS SAD OR MAD ABOUT WAS NOT REALLY A BIG DEAL.



THEY WOULD TELL ME EVERYTHING WAS GOING TO BE FINE.
I'M OLDER NOW AND FEEL A LOT MORE EMOTIONS THAN I USED TO.
I KEEP MY FEELINGS BOTTLED IN BECAUSE I'D RATHER SAVE MY FEELINGS FOR MYSELF
INSTEAD OF HEARING EVERYTHINGS GOING TO BE OKAY.



I DON'T GET SAD OR MAD ABOUT TOYS ANYMORE OR NOT HAVING MY WAY.
MY FEELINGS ARE DEEPER THAN JUST BEING ABLE TO SAY EVERYTHING WILL BE OK.