

Perfect

by Illenys Cortes

A word that for some people is a great achievement,
but for others is just a lie.
Through life, you have been trying to be perfect to others.
But as much you think how close you are to being it
you are more distant of it.

No matter how much we try to change
to be perfect to others, becomes so strange
as we will never be close to their idea of perfection.

When someone tells you:
“you don’t need to be perfect to others,
if you don’t feel that you are perfect to yourself”
That is when you understand
that you don’t need to feel confused with who you are.
You just have to start looking for yourself.
Slowly discover how you want to be and who you will be.
In that moment you begin to experience self-love.
and you decided to show yourself to the world.

Then society standards become a big pressure.
They come and throw at you “the rules” and the measures
Making you feel that if you don’t follow the rules
you will never be successful.

You think to yourself:
“What does it matter if I feel happy and comfortable with myself
if the world will not accept who I am?”
If I want to be a model, but I am a little chubby
If I want to be a model, but I need to be taller.
You start to feel like the world is on your shoulders,
That you need to change
even when some people see your potential

We decided to give in to society standards.
The days pass,
you start to feel that you are not enjoying what you are doing.
You think: Did I make the right decisions?
Did I change my happiness just to fit into society?
You question yourself and understand
that you should not be a problem to the world
If you want to be a model, but you are chubby
If you want to be a model, but you need to be taller.